

Translation by Patrizia Rustichelli - Stirgwolt

The review of the Italian association of psycho-neuro-endocrine-immunology

Edited by Francesco Bottaccioli

PNEI NEWS

The new knowledge of science and health

THE BABY THAT DOES NOT ARRIVE

Italy has the world's lowest birth rate due to welfare, social and cultural factors

SPECIAL SUPPLEMENT: THE ADER AWARD



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PNEI NEWS NR. 4-5 JULY- OCTOBER 2013

Editorial

Page 3. PNEI is an advanced systematic science and not metaphysics.

Francesco Bottaccioli

Interview with Linda Carlson

Page 4. Meditation as an aid for patients to cope with cancer

Since 15 years, the Canadian Professor in Psychosocial Oncology organizes courses of Mindfulness-based cancer recovery. Her thorough studies on this activity have convinced even the more sceptical ones about the positive effects generated by meditation practised by oncological patients.

Paola Emilia Cicerone

NEUROSCIENCES. AGING

Page 6. An aging brain. What a stress!

Chronic stress increases the vulnerability of the brain. Fortunately other psycho-social and behavioural factors can have a positive influence and help the brain to become more resistant to the damages due to the aging process.

Andrea Minelli

DOSSIER. Infertility

The baby that does not arrive.

Page 10. Female factor, male factor

M. Risi – A. Delbarba

Page 13. Assisted reproductive technology produces variable results. Perhaps only technology is not enough.

Stefania Iaccarino

Page 15. A case of unexplained infertility. The psychologist's point of view.

When the normal physiology of a woman is hindered by the trauma of a violence that is kept secret.

Antonella Palmisano

Page 17. An integrated approach for infertility treatment: from the woman's side

Clinical doctors have by now delegated infertile women to the care of the Assisted Reproduction centres where standard procedures protocols are followed. These protocols do not take into consideration the complexity of the individual nor all the possible treatments.

Marina Risi

Page 18. An integrated approach for infertility treatment: from the man's side

Andrea Delbarba

Page 19. Traditional Chinese Medicine support to fertility

Franco Cracolici, Chiara Riviello

BOOK REVIEW

Page 21. Psychotherapy from a PNEI point of view. An integrative view based on the research collected data.

David Lazzari

Page 22. Medicine's two paths.

Francesco Bottaccioli

SPECIAL SUPPLEMENT. Integrated stress management

Page 23. The first edition of the Ader Award.

David Lazzari

Page 24. Stress in patients undergoing spinal surgery.

Letizia Ferrante

Page 29. An integrated intervention in a serious and complex clinical case.

Michela Palermo

Page 34. Cardiovascular risk factors in women in perimenopause .

Cristina Zalateo

Page 39. Conferences.

EDITORIAL

PNEI is an advanced systematic science, not metaphysics

Francesco Bottaccioli – Sipnei Founder and Honorary President.

This double issue of PNEINEWS describes layer by layer the activity of our scientific Society.

On the next page you will find an interview with a scientist who has been seriously practicing meditation since many years with cancer patients. She has published the results of her studies on meditation showing its effectiveness in coping with cancer.

Hereafter we talk about cerebral aging and infertility. These two social and clinical topical subjects are considered from the point of view of who provides an integrated diagnosis and care.

Our supplement is signed by the three best students participating to the Master Programme in PNEI Integrated Stress Management organized by the University of Aquila. Fall 2013 is rich in conferences and happenings. The appointment list starts in Florence with a very interesting seminar on body-therapies; the Italian Society of Psycho-Oncology has organized a conference about cancer in Brescia; Pescara hospital in collaboration with the local NHS hosts a clown therapy seminar; last but not least, in Turin, a meeting about the therapeutic power of relationships.

The above-mentioned events follow a fruitful September with conferences held in Naples (about philosophy, science and care), Catania (stress) and Florence (on social crisis and fear). Eventually we introduce new books by our members.

All these activities are the living evidence of SIPNEI's engagement and dynamism.

I would like to express my deep appreciation for all the work done by SIPNEI members as it is based entirely on volunteer efforts. Once more SIPNEI acts in counter-trend to the institutional scientific establishment. It is also a sign of the direction we are heading in.

We are working to promote an advance in scientific knowledge and a new unitary knowledge. A paradigmatic revolution is now necessary in order to realize this goal. This is the point that distinguishes SIPNEI not only from the establishment but also from those who use the PNEI as an acronym valid for any situation, as a trendy symbol to cover old recycled fuzzy metaphysics such as diagnosis made with pendulum or photos or the imaginative quantum energy reprogramming.

It is sad to observe how great scientific revolutions achieved by intellectually talented researchers (such as quantum physics, Psychoneuroendocrineimmunology, Epigenetics) ended to the grinder of a trivial metaphysics that rediscovers the concept of "the eternal and infinite Mind manifesting itself as the individual mind in the human body". It guarantees the body-mind unity because "it is permeated by this timeless intelligence enclosing each form and entity". A metaphysics which claims that "mind is stronger than genes".

All of this has nothing to do with science but with religion. To be frank, this is an old kind of religiousness. Even the Pope himself has criticised the traditional Catholic absolutism.

This does not mean that we are not interested in quantum physics or epigenetics. Quite the contrary! ¹Although we approach these fields of knowledge with conscientiousness and humility, avoiding the sale of illusions and not hiding in small "alternative" niches and. We keep always in mind that it is possible to run into reductionism (namely reducing the complexity of living phenomena to simple determinants) as historically it has always been done under the name of a physics considered as the ultimate and determinant level of all.

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The science of life can not be reduced to physics nor to metaphysics.

1) Bottaccioli F (2013) Epigenetica e Psiconeuroendocrinoimmunologia. Le due facce della rivoluzione scientifica. Scientific and philosophic essay, Edra, Milano (book being printed).