

PNEI NEWS NR 2 – MARCH– APRIL 2016

EDITORIAL

PAGE 3. The rhythmic oscillation of life

Francesco Bottaccioli

ENDOCRINOLOGY

Brain, biological clock and hormones.

PAGE 4. INTERVIEW WITH GEORGE CHROUSOS.

George Chrousos has devoted his life in the research field between Greece and the States. Today he is one of the main experts in endocrinology of stress and pediatric endocrinology, focusing especially on the relationships among neuroendocrine alterations, stress and lifestyle.

Paola Emilia Cicerone

CHRONOENDOCRINOLOGY

PAGE 7. The dance of the hormones

The hormones levels fluctuate during the day cycle. This article relates to a more extensive chapter devoted to “the Biological Rhythms” from “AG Manuale di Pnei e Scienza della Cura Integrata” di F. Bottaccioli. The book will be released by late 2016 by Edra Elsevier edizioni.

Francesco Bottaccioli

PSYCHOLOGY/PSYCHIATRY

PAGE 11. Attachment, neuro-vegetative and immune system. A hypothesis for research.

This article reports a very interesting research protocol lead at the Clinica Pediatrica “Talassemia e Malattie Rare” in Cagliari. The theory of attachment and its empirical study show that children organize their behaviour according to modalities that reflect the style of their parental care. This aspect has significant subsequences on personality and health.

Costanzo Frau

PAGE 15. Depression: the crisis of the traditional interpretation model

This article is an excerpt of a more extensive Master's Diploma Thesis in "PNEI and Science of Integrative Care - Level II" discussed by the author at the University of Aquila in January 2016.

Michele Modugno

PAGE 19. Allostasis between health and pathology of psyche

From the concept of homeostasis of Bernard and Cannon to the more recent one of allostasis developed by Sterling and McEwen. The path undertaken by scientific study to understand the human organism's mechanisms of adaptation to the environment. The central role played by the psyche.

Riccardo Ferrero

HEALTH

PAGE 22. Gender, sex and health seen from an integrative medicine viewpoint.

On a very special day the beautiful "Villa Raby", siege of the "Medical Council of Doctors and Dentists" of Turin hosted the Meeting "Gender Medicine – Integrated Perspectives". The meeting took place in fact on the National Day of Women's Health fixed on 22nd April in memory and honor of the birth of Nobel Prize Rita Levi Montalcini.

Lucia Andriolo