

X ISNIM CONGRESS & III SIPNEI CONGRESS

PNEIFERT: AN INNOVATIVE CLINICAL MODEL FOR A PERSONALIZED AND PARTICIPATORY CARE IN REPRODUCTIVE MEDICINE.

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Subfertility is a multifactorial condition recognized to have a strong psychosocial impact. Accordingly, the main scientific societies of Reproductive Medicine work to the development of clinical models with the aim to integrate the psychosocial approach into a most effective reproductive care interdisciplinary team. Moreover, a scientific guideline on the topic has been recently disclosed by ESHRE (European Society of Human Reproduction and Embryology).

The emergence of such a new model of Integrative Care, in response to the urge of unravelling the increasingly evident complexity of reproductive pathophysiology, needs a reference scientific paradigm capable of framing a constructive interdisciplinary dialogue.

The bidirectional communication between psyche and biological systems as described in the model of Psycho-Neuro-Endocrine-Immunology (PNEI), appears to be a suitable and comprehensive scientific setting.

Building an efficient network of therapists in Reproductive Medicine requires sharing a common path of educational training and personal awareness, in the attempt to establish a new interdisciplinary language, for a patient-centred model of reproductive care. There is increasing evidence for such a model, when applied to fertility centres, to increase both efficiency and effectiveness of care while reducing the psychosocial burden of infertile couples.

Upon these premises, a group of SIPNEI members, including gynaecologists, endocrinologists, psychologists, biologists, acupuncturists and experts of body therapies, has recently developed a clinical model, PNEIFERT, intended as an innovative model of training and education, a step forward on the process of realizing the paradigm of a personalized and participatory care in Reproductive Medicine.

The rationale, setting, goals and preliminary achievements of this working model will be presented.